



making creative arts easy & fun

Short Lesson Break

activities

In the Playground

<p>1. Guess the chant</p> <ul style="list-style-type: none">• The teacher claps the rhythm of the chant “Marco Polo”• Children guess which chant is being clapped.• Continue with the rhythm of one of the other playground chants	<p>Rhythm</p> <p>Listening</p>
<p>2. Slower and faster</p> <ul style="list-style-type: none">• Children imagine that they are 1) snails and 2) ants, moving around the room accordingly. (if space is not available, children move fingers on desks)• Sing the song and walk the beat 1) as snails and 2) as ants.	<p>Tempo</p>
<p>3. Sing and Move (younger children)</p> <ul style="list-style-type: none">• Skip around the room while singing the chorus (or skip fingers on desk)• Stand still and clap the beat while chanting each verse.• Resume skipping when chorus returns	<p>Structure</p>
<p>4. Hide and Seek</p> <ul style="list-style-type: none">• One person leaves the room while the class hides an object.• When she/he returns, the class sings the song, getting louder as the searcher gets nearer and softer as she/he gets further away.	<p>Dynamics</p>
<p>5. Change direction</p> <ul style="list-style-type: none">• Children sing the song and clap once each time a new phrase (musical sentence) occurs. Eg: “In the playground” - one phrase. “Lots of games to play in the playground.” –one phrase.’• Now, walk around the room, keeping the beat. Change direction for each new phrase.	<p>Structure</p>
<p>6. Write the beat</p> <ul style="list-style-type: none">• Play the beat of the song while the class sings• Repeat this while a child notates the beat on a whiteboard: ---	<p>Beat</p>